



Caregiver Training Schedule

The Office of Integrated Health Supports Network (OIHSN) at the Department of Behavioral Health and Developmental Services (DBHDS) offers virtual trainings for caregivers of individuals with intellectual and developmental disabilities (DD).

- ★ Pre-registration is required for all virtual training sessions.
- ★ After registering a link will be sent via email to add to your calendar with the link needed to enter the training on the day of.
- ★ Attendees of each OIHSN training sessions will receive a certificate of participation, and a .pdf copy of the PowerPoint presentation along with any other educational materials where applicable.

OIHSN Trainings are also available on the Commonwealth of Virginia Learn Center (COVLC) at no cost to provider agencies.

- ★ To set-up an account go to dbhdscovlchelpdesk@dbhds.virginia.gov
- ★ Follow the instructions to complete the COVLC account set-up <https://dbhds.virginia.gov/wp-content/uploads/2023/09/COVLC-INSTRUCTIONS.09.23.02.pdf>
- ★ Available 24 hours a day – 7 days a week.
- ★ Each staff-member/caregiver can have their own account connected to an email.
- ★ Provider agencies can track employee progress.
- ★ Downloadable resources and certificate of completion available with each training.

Training Title	Description	Date and Time	Registration Link
Part 2 Constipation	The second part of the constipation and the individual with IDD training will review medications used to treat constipation, other treatments, patient education, which commonly occur in constipation, review of evidence centered constipation protocols, constipation complication such as fecal impactions and bowel obstructions along with the signs and symptoms.	Thursday April 18, 2025 10:00 a.m. – 11:30 a.m.	
Dysphagia & Modified Diets	Signs, symptoms, and risks related to dysphagia. The effects on individual's quality of life. The connection to aspiration pneumonia and choking. Identify how mealtime behaviors, medications, and some foods increase risk. Diagnoses, tests and the physicians involvement. How foods and liquid textures affect an individual's ability to swallow.	Tuesday April 22, 2025, 1:00 a.m. – 2:30 p.m.	https://events.gcc.teams.microsoft.com/event/d0597323-2864-41b6-a7d5-1a26dfbdfbae@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
COVLC When to Call 911	Learn the importance of recognizing an emergency situation and calling 911 for help right away. Calling 911 can save the life of an individual with intellectual and developmental disabilities. What information is needed to respond to an emergency situation and how to be prepared.	24 hours a day - 7 days a week	dbhdscovlchelpdesk@dbhds.virginia.gov to set-up an account
Urinary Tract Infection (UTI)	A review the prevalence of UTI in the DD population, the different types UTI's, the risk factors, signs & symptoms, treatment, care considerations and possible complications related to a UTI. When to seek medical health, how to get a clean catch urine sample, and how to handle urine specimens, and how UTI can lead to sepsis.	Tuesday May 13, 2025, 1:00 p.m. – 2:30 p.m.	https://events.gcc.teams.microsoft.com/event/be75eb21-74ad-4825-ac14-4ccffbc09d9d@620ae5a9-4ec1-4fa0-8641-5d9f386c7309
Infection Control	This training will review basic infection control concepts to include hand washing, donning and doffing gloves along with other personal protective equipment, the importance of environmental cleaning of surfaces, what products are needed for disinfection, and the chain of infection.	Thursday May 15, 2025 10:00 a.m. – 11:30 a.m.	
COVLC My Care Passport	This training will review the background of the Passport concept, how to complete the Microsoft fillable file, what types of information to include in each section, and how the My Care Passport along with the Advocacy Tip Sheets can be used to bridge the communication gap between the community caregiver and the staff in acute care settings to improve care and outcomes for the individual with DD.	24 hours a day - 7 days a week.	dbhdscovlchelpdesk@dbhds.virginia.gov to set-up an account
Medical Emergency Drills	Practicing drills for medical emergency situations can save lives. This training will walk you through how to perform verbal practice emergency situations in a meeting format. Using a script to review the individual's responsibility during an emergency situation, and how to act out an actual emergency in order to be better prepared if and when an emergency medical situation arises.	Thursday June 4, 2025 10:00 a.m. – 11:30 a.m.	
Medication Reconciliation	Learn what medication reconciliation is, when it is required, who should be completing the task, and how often medication reconciliation is required to be done along with how it increases the medication safety of the individuals with DD.	Tuesday June 10, 2025 1:00 p.m. – 2:30 p.m.	
COVLC Sepsis	Review the accepts of Falls relating to the intellectual and developmentally disabled population (I/DD). It will cover information on what percentage of individual's with I/DD fall annually, what might cause an individual with I/DD to fall, what medications increase the chances of falls, what to do if a fall occurs and when to seek medical help after a fall.	24 hours a day - 7 days a week.	dbhdscovlchelpdesk@dbhds.virginia.gov to set-up an account